

GSD Staff News

Who's Who? Who's New?

Charles Gaillard, Research Assistant, Research Administration (cgaillard@gsd.harvard.edu)

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SAVE THE DATE

Thank You Event

November 20, 2:00 p.m. - 3:00 p.m.
Stubbins

GSD Annual Holiday Party

December 13, 4:00 p.m. - 7:00 p.m. Nubar at the Sheraton Commander



Mindfulness at Work

Mindfulness at Work is a series of courses and programs for Harvard employees that range from one-hour introductions to topic-focused sessions and in-depth multi-week courses.

Some of the current courses being offered are:

- Mindful Eating
- Introduction to Mindfulness: How the Science and Practice of Awareness Supports Well-Being and Performance
- Managing Daily Stresses: A Mindful Approach to Work
- Mindful Communication: Speaking and Listening with Awareness
- Mindfulness and Anxiety
- Mindfulness and Compassion
- Exploring the Practice of Mindfulness
- 10% Happier
- WorkingMind

Find information about these programs and more at <https://hr.harvard.edu/mindfulness>



Care@Work

The Office of Work/Life is proud to offer the Care@Work benefit to all benefits eligible faculty and staff. Care at work is a digital platform that lets employees find, manage and pay for family care anytime, anywhere from any device. They offer best-in-class services and 24-hour assistance to support a variety of needs connecting employees to great local caregivers for kids, pets and parents: supporting employees through all phases of life.

For more information about Care@Work and to register for services visit HARVie: <https://hr.harvard.edu/care-at-work>.



Department Spotlight

PUBLICATIONS

“ Publications Department highlights this semester include the new, redesigned edition of *Platform*, curated for the first time by a student team. *Platform II: Setting the Table* was launched at Fall Open House and will be widely released in December. Also coming next month is the Fall/Winter 2018 issue of *Harvard Design Magazine*, “No Sweat,” which investigates the changing spaces and scenarios of work. Soon to be release in the *Incidents* series is *Beyond the Collaboration*, featuring last fall’s GSD event with artist Sterling Ruby, fashion designer Raf Simons, and curator Jessica Morgan. In the *Studio Reports* series, we released *Manila: Future Habitations*, the final report on the AECOM-sponsored research on cities in Southeast Asia. Other, upcoming *Studio Reports* include *\$2000 Home*, Marina Tabassum’s Bangladesh-focused option studio; and *Transforming Omishima*, showing projects and activities from the Tokyo Studio Abroad led by Toyo Ito. You can view these and all other *Studio Reports* on Issuu.com/gsdharvard. A catalog of selected publications and more information about the program can be found on Issuu.com/gsdharvard. ”



Outings & Innings

Outings & Innings is an internal Harvard University service for staff, faculty, retirees, students and other Harvard affiliates that offers a dynamic menu of date-specific event tickets for a wide variety of performing arts and professional sports, as well as any day tickets for movies, museums and seasonal attractions. Celtics games, Aquarium passes, and Blue Man Group tickets are just a few of the options available today! To see a full listing and sign up for weekly alerts visit the O&I webpage outingsandinings.harvard.edu

Veterans Mentoring Opportunity

More than 1 million veterans are expected to transition from the armed forces to civilian life over the next five years. American Corporate Partners (ACP) offers a unique volunteer opportunity to provide career guidance to military veterans as they transition into the civilian workforce.

Since 2010, a number of Harvard employees have volunteered with ACP to provide one-on-one career development mentorships to post-9/11 military veterans. Won't you join them? ACP Mentors and Protégés are paired for one year based on a variety of considerations including age, location, educational background, and shared career interests. Each pair is encouraged to speak at least once a month to discuss topics like résumé and interview preparation, networking, and other professional development topics. Throughout the year, an ACP staff member will be checking in regularly to ensure satisfaction, provide resources, and track the progress of the relationship.

To sign up as an ACP Mentor, please visit <http://www.acp-usa.org/mentoring-program/mentor-application> and enter the access code HVDACP when prompted. After you apply, an ACP staff member will be in touch with you regarding next steps.

